

6. Euskirchener Stadtmauerlauf 28.04.2019

Ergebnisliste MW+AK



MW-Pl.	SN	AK-Pl.	Name, Vorname	Jg.	m/w	Verein	Zeit	Kl.R 1	GR 1	GR 2	GR 3	GR 4	Schnellste Runde
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10 km Hauptlauf

w

1.	339	1.	WJ U20	Vernikov, Sonja	2001	w	ASICS Fronrunner / LAZ Puma Rhein-Sieg	0:36:10	0:02:46	0:07:51	0:08:39	0:08:30	0:08:26	0:07:51
2.	368	1.	W	Schmitz, Nora	1992	w	PETERS Sportteam	0:36:42	0:02:52	0:08:16	0:08:27	0:08:33	0:08:36	0:08:16
3.	401	1.	W45	Schneider, Caterina	1971	w		0:39:12	0:03:12	0:08:49	0:08:57	0:09:06	0:09:10	0:08:49
4.	388	2.	W45	Hagen, Katrin	1972	w		0:44:17	0:03:44	0:10:11	0:10:08	0:10:11	0:10:06	0:10:06
5.	334	3.	W45	van Dam, Simone	1972	w	Dürener TV 1847	0:44:43	0:03:45	0:10:16	0:10:25	0:10:16	0:10:03	0:10:03
6.	326	4.	W45	Raab, Daniela	1974	w	LC Weilerswist	0:45:05	0:03:54	0:10:22	0:10:20	0:10:21	0:10:10	0:10:10
7.	287	1.	W30	Bender, Katharina	1988	w		0:45:32	0:03:47	0:10:32	0:10:32	0:10:29	0:10:14	0:10:14
8.	350	1.	W35	Rauch, Vanessa	1981	w	Kolvenbacher Ziegenhof	0:46:24	0:03:55	0:10:42	0:10:48	0:10:36	0:10:26	0:10:26
9.	362	5.	W45	Mager, Sandra	1972	w	FC Keldenich	0:47:06	0:04:02	0:10:35	0:10:44	0:10:49	0:10:58	0:10:35
10.	273	1.	WJ U18	Gerards, Michelle	2003	w		0:47:25	0:03:44	0:10:38	0:10:56	0:10:59	0:11:11	0:10:38
11.	404	6.	W45	Kozyrska, Agnes	1972	w	IAC Düren	0:47:57	0:04:07	0:10:52	0:10:56	0:11:00	0:11:04	0:10:52
12.	307	1.	W50	Dumke, Christina	1965	w	TuS Kreuzweingarten-Rheder	0:48:27	0:04:06	0:10:57	0:11:00	0:11:11	0:11:14	0:10:57
13.	396	7.	W45	Schlaeger, Tanja	1972	w	HSG Euskirchen	0:49:01	0:04:03	0:11:25	0:11:33	0:11:16	0:10:45	0:10:45
14.	386	1.	W40	Starck, Dani	1976	w	LC Weilerswist	0:49:43	0:04:04	0:11:02	0:11:26	0:11:37	0:11:36	0:11:02
15.	427	2.	W35	Stach, Janina	1982	w		0:50:00	0:04:02	0:11:25	0:11:30	0:11:35	0:11:31	0:11:25
16.	301	8.	W45	Dubiel, Beata	1973	w	IAC Düren	0:51:16	0:04:28	0:11:37	0:11:49	0:11:45	0:11:39	0:11:37
17.	308	3.	W35	Sauer, Kerstin	1983	w	TuS Kreuzweingarten-Rheder	0:53:40	0:04:38	0:12:13	0:12:21	0:12:32	0:11:58	0:11:58
18.	309	2.	W50	Fink, Astrid	1969	w	TuS Kreuzweingarten-Rheder	0:53:44	0:04:38	0:12:13	0:12:20	0:12:32	0:12:02	0:12:02
19.	369	2.	W40	Eichler, Daniela	1978	w		0:53:49	0:04:46	0:12:24	0:12:12	0:12:23	0:12:06	0:12:06
20.	372	2.	W	Schloemer, Katja	1997	w		0:53:50	0:04:32	0:12:05	0:12:10	0:12:36	0:12:29	0:12:05
21.	274	3.	W40	Gerards, Sandra	1977	w		0:53:59	0:04:16	0:12:08	0:12:16	0:12:43	0:12:39	0:12:08
22.	288	1.	W65	Schuchmann, Barbara	1951	w	IAC Düren	0:54:09	0:04:42	0:12:24	0:12:16	0:12:32	0:12:15	0:12:15
23.	355	9.	W45	Sahm, Ellen	1974	w		0:58:10	0:05:04	0:12:47	0:13:11	0:13:23	0:13:46	0:12:47
24.	426	10.	W45	Esch, Eva	1973	w	Team Sixpack	1:02:24	0:05:01	0:13:36	0:14:20	0:14:46	0:14:43	0:13:36
25.	297	11.	W45	Stroppolo, Manuela	1974	w		1:02:29	0:05:04	0:14:10	0:14:23	0:14:34	0:14:19	0:14:10
26.	206	3.	W50	Schumacher, Alice	1969	w	Go! Do Sports!	1:04:50	0:05:03	0:14:09	0:14:53	0:15:17	0:15:30	0:14:09

m

1.	370	1.	M	Reihs, Yannick	1996	m		0:32:23	0:02:38	0:07:22	0:07:24	0:07:26	0:07:34	0:07:22
2.	327	2.	M	Jakobs, Patrick	1998	m	TV Konzen	0:33:43	0:02:45	0:07:36	0:07:46	0:07:52	0:07:46	0:07:36
3.	272	1.	M45	Scheidtweiler, Rolf	1973	m	LC Euskirchen	0:34:08	0:02:45	0:07:45	0:07:58	0:07:57	0:07:45	0:07:45
4.	358	3.	M	Seidenfaden, Markus	1994	m		0:34:27	0:02:48	0:07:54	0:08:01	0:08:04	0:07:43	0:07:43
5.	402	1.	M30	Casper, Sebastian	1989	m	Brühler TV	0:34:30	0:02:45	0:07:46	0:08:11	0:08:04	0:07:47	0:07:46
6.	299	2.	M30	Pierz, Andreas	1985	m	LC Euskirchen	0:34:43	0:02:48	0:07:54	0:08:01	0:08:04	0:07:59	0:07:54
7.	241	1.	M35	Fenske, Marco	1983	m	LC Euskirchen	0:35:22	0:02:45	0:07:46	0:08:13	0:08:32	0:08:07	0:07:46
8.	335	1.	M50	Paschke, Frank	1965	m	Dürener TV 1847	0:35:25	0:02:55	0:08:08	0:08:05	0:08:10	0:08:09	0:08:05
9.	391	3.	M30	Diblik, Jens	1987	m	FC Keldenich	0:35:36	0:02:46	0:07:54	0:08:19	0:08:19	0:08:20	0:07:54
10.	283	2.	M35	Ungefug, Alexander	1982	m	LC Euskirchen	0:36:36	0:02:53	0:08:17	0:08:26	0:08:32	0:08:30	0:08:17

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11.	363	2. M45	Otto, Jürgen	1972	m	Selbstläufer SV Altenahr	0:37:02	0:02:57	0:08:23	0:08:35	0:08:38	0:08:33	0:08:23
12.	424	4. M30	Müller, Sebastian	1986	m	LC Euskirchen	0:37:41	0:03:21	0:08:27	0:08:42	0:08:47	0:08:26	0:08:26
13.	371	4. M	Hand, Leon	1996	m	TV Blatzheim	0:37:45	0:03:21	0:08:33	0:08:39	0:08:47	0:08:27	0:08:27
14.	394	5. M30	Küllmer, Knut	1987	m	SV Hellas Siegburg	0:37:46	0:02:57	0:08:29	0:08:43	0:08:50	0:08:50	0:08:29
15.	360	1. M55	Hettrich, Ralph	1963	m	SSF Bonn Triathlon	0:38:06	0:03:06	0:08:47	0:08:43	0:08:45	0:08:46	0:08:43
16.	349	3. M35	Rauch, David	1982	m	Kolvenbacher Ziegenhof	0:38:17	0:03:10	0:08:48	0:08:50	0:08:46	0:08:45	0:08:45
17.	311	2. M50	Bank, Dirk	1968	m	TuS Kreuzweingarten-Rheder	0:38:28	0:03:11	0:08:48	0:08:54	0:08:59	0:08:39	0:08:39
18.	328	4. M35	Loben, Sebastian	1981	m		0:38:30	0:03:11	0:08:51	0:08:56	0:08:57	0:08:35	0:08:35
19.	219	3. M45	Domingos, Rui	1970	m		0:39:12	0:03:19	0:08:55	0:09:11	0:09:06	0:08:44	0:08:44
20.	416	4. M45	Becker, Tobias	1971	m	LC Euskirchen	0:39:15	0:03:11	0:09:04	0:09:09	0:09:06	0:08:47	0:08:47
21.	410	5. M45	Nagelschmidt, Gerald	1970	m	TuS Mechernich 1897	0:39:21	0:03:16	0:09:00	0:09:09	0:08:54	0:09:04	0:08:54
22.	231	3. M50	Neumann, Helmut	1966	m		0:40:02	0:03:09	0:08:55	0:09:19	0:09:17	0:09:24	0:08:55
23.	351	2. M55	Roitzheim, Franz	1962	m	LT Lampertsmännchen	0:40:21	0:03:18	0:09:26	0:09:15	0:09:14	0:09:11	0:09:11
24.	234	6. M45	Pax, Stefan	1971	m	Ute Mückel Triathlon Team	0:40:28	0:03:11	0:09:11	0:09:26	0:09:28	0:09:16	0:09:11
25.	286	1. M40	Kips, Christoph	1979	m		0:40:34	0:03:26	0:09:06	0:09:14	0:09:21	0:09:29	0:09:06
26.	323	7. M45	Dreßen, Horst	1970	m	FC Germania Vossenack	0:40:38	0:03:27	0:09:10	0:09:22	0:09:21	0:09:19	0:09:10
27.	419	3. M55	Seif, Detlef	1962	m	Team CDU/CSU	0:40:44	0:03:18	0:09:12	0:09:27	0:09:28	0:09:20	0:09:12
28.	276	4. M50	Dreesbach, Dirk	1968	m	LC Weilerswist	0:40:46	0:03:39	0:09:32	0:09:27	0:09:15	0:08:56	0:08:56
29.	385	5. M50	Gerkum, Ralf	1969	m	LC Weilerswist	0:40:48	0:03:40	0:09:26	0:09:27	0:09:21	0:08:56	0:08:56
30.	408	8. M45	Comes, Ole	1973	m	TuS Kreuzweingarten-Rheder	0:41:08	0:03:25	0:09:33	0:09:31	0:09:24	0:09:17	0:09:17
31.	420	6. M50	Sina, Christoph	1967	m	LC Euskirchen	0:41:47	0:03:27	0:09:29	0:09:37	0:09:42	0:09:34	0:09:29
32.	222	2. M40	Klaiber, Thomas	1979	m		0:41:49	0:03:21	0:09:32	0:09:41	0:09:48	0:09:29	0:09:29
33.	212	9. M45	Bretschneider, Sven	1972	m		0:42:01	0:04:04	0:09:40	0:09:31	0:09:25	0:09:22	0:09:22
34.	239	3. M40	Van De Ven, M.a.w.	1975	m		0:42:18	0:03:18	0:09:08	0:09:37	0:10:05	0:10:11	0:09:08
35.	284	5. M35	Denz, Patrick	1983	m		0:42:42	0:03:39	0:09:30	0:09:39	0:09:54	0:10:02	0:09:30
36.	405	7. M50	Bollig, Peter	1966	m		0:42:49	0:03:31	0:09:42	0:09:41	0:09:59	0:09:57	0:09:41
37.	373	6. M35	Winkler, Gottfried	1981	m	Athletikschule Schrader	0:42:58	0:03:14	0:09:38	0:09:55	0:10:08	0:10:05	0:09:38
38.	376	8. M50	Oversberg, Stefan	1969	m	Semper Superior	0:43:18	0:03:34	0:09:49	0:10:00	0:10:07	0:09:49	0:09:49
39.	395	9. M50	Schwarz, Georg	1965	m	Autohaus am Wasserturm Beckum	0:43:36	0:03:28	0:09:43	0:09:55	0:10:18	0:10:14	0:09:43
40.	300	10. M45	Dubiel, Jaroslaw	1971	m	IAC Düren	0:44:24	0:03:38	0:10:08	0:10:10	0:10:18	0:10:11	0:10:08
41.	379	4. M55	Schmitt, Manfred	1961	m	LG Laacher See	0:44:33	0:03:28	0:10:07	0:10:17	0:10:25	0:10:18	0:10:07
42.	344	4. M40	Buchholz, Erik	1976	m	Team Blitz	0:44:49	0:04:05	0:10:01	0:10:13	0:10:29	0:10:02	0:10:01
43.	294	10. M50	Kniebeler, Ralf	1965	m		0:45:27	0:04:00	0:10:17	0:10:18	0:10:28	0:10:26	0:10:17
44.	209	11. M50	Greif, Uwe	1965	m	Dürener TV 1847	0:45:40	0:03:37	0:10:07	0:10:31	0:10:40	0:10:47	0:10:07
45.	296	5. M	Da Silva Günther, Michael	1993	m		0:46:03	0:04:19	0:10:18	0:10:26	0:10:37	0:10:25	0:10:18
46.	331	1. M65	Guth, Wilfried	1954	m	TuS Dom-Esch	0:46:10	0:03:40	0:10:23	0:10:46	0:10:52	0:10:31	0:10:23
47.	312	5. M40	Timm, Jörg	1975	m	TuS Kreuzweingarten-Rheder	0:46:12	0:03:51	0:10:27	0:10:40	0:10:46	0:10:31	0:10:27
48.	292	12. M50	Syndikus, Sascha	1969	m	LC Euskirchen	0:47:28	0:04:23	0:10:45	0:10:49	0:10:49	0:10:44	0:10:44
49.	233	5. M55	Pütz, Burkhard	1963	m	SV Germania Dürwiß	0:47:36	0:03:41	0:10:25	0:10:53	0:11:34	0:11:05	0:10:25
50.	310	6. M55	Ingenillem, Bruno	1961	m	TuS Kreuzweingarten-Rheder	0:47:45	0:04:11	0:10:52	0:10:54	0:10:54	0:10:57	0:10:52
51.	305	13. M50	Diepmann, Udo	1969	m	JuJu's	0:48:46	0:04:19	0:11:08	0:11:11	0:11:18	0:10:53	0:10:53
52.	374	7. M55	Podzus, Horst	1961	m		0:48:47	0:04:09	0:11:03	0:11:08	0:11:19	0:11:11	0:11:03

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53.	277	8.	M55 Heß, Richard	1962	m	LC Weilerswist	0:48:59	0:04:03	0:11:10	0:11:10	0:11:21	0:11:16	0:11:10
54.	232	7.	M35 Irmak, Abidin	1984	m		0:50:01	0:04:02	0:10:55	0:11:16	0:12:03	0:11:46	0:10:55
55.	336	2.	M65 Madré, Gerd	1954	m	GTG Kirchheim Tulus	0:50:35	0:04:24	0:11:05	0:11:20	0:11:46	0:12:03	0:11:05
56.	275	11.	M45 Gerards, Michael	1970	m		0:51:00	0:03:57	0:11:13	0:11:53	0:12:12	0:11:46	0:11:13
57.	298	1.	M70 Freymuth, Jürgen	1949	m	IAC Düren	0:51:45	0:04:27	0:11:53	0:12:00	0:11:56	0:11:30	0:11:30
58.	322	9.	M55 Huppertz, Horst	1963	m	LG Huskies	0:51:59	0:04:16	0:11:52	0:11:54	0:12:09	0:11:50	0:11:50
59.	306	14.	M50 Haase, Olaf	1966	m	TuS Chlodwig Zülpich	0:52:38	0:04:29	0:11:36	0:11:58	0:12:19	0:12:18	0:11:36
60.	208	3.	M65 Schiffer, Udo	1954	m		0:52:39	0:04:29	0:12:07	0:12:04	0:11:59	0:12:02	0:11:59
61.	425	12.	M45 Mager, Stefan	1972	m	TV Kall	0:52:54	0:04:39	0:12:22	0:12:12	0:12:13	0:11:30	0:11:30
62.	321	4.	M65 Moga, Bruno	1952	m	LG Huskies	0:53:38	0:04:46	0:12:20	0:12:26	0:12:21	0:11:47	0:11:47
63.	246	15.	M50 Meyer zu Altenschildesche, Jörg	1966	m	TV Erkelenz	0:54:48	0:04:30	0:12:30	0:12:55	0:12:39	0:12:16	0:12:16
64.	417	2.	M70 Pitschmann, Dieter	1946	m	TTV Ronsdorf	0:57:25	0:05:00	0:13:04	0:12:47	0:12:48	0:13:48	0:12:47
65.	354	13.	M45 Sahm, Jochen	1973	m		0:58:09	0:05:03	0:12:48	0:13:11	0:13:23	0:13:47	0:12:48
66.	346	14.	M45 Roubal, Michael	1973	m	Team Blitz	0:59:40	0:04:51	0:12:53	0:13:21	0:13:46	0:14:51	0:12:53
67.	245	6.	M30 Clemen, Stephan	1988	m		1:05:18	0:05:18	0:14:15	0:14:49	0:15:31	0:15:27	0:14:15
68.	383	6.	M40 Königs, Thomas	1975	m	ASG Elsdorf	1:11:46	0:04:57	0:15:53	0:15:52	0:16:28	0:18:39	0:15:52
69.	345	8.	M35 Herzet, Christian	1984	m	Team Blitz	1:12:02	0:05:21	0:14:50	0:18:10	0:17:11	0:16:33	0:14:50

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