



1. Lauf zur 35. Winterserie des LSV Porz

LAUF (5 KM) OVERALL-RANKING

RG (STNR)	RG AK	NAME, VORNAME	JG	VEREIN / (WOHNORT)	ZEIT
1 (1438)	1. M30	DAHL, Simon	1987	Bunert - Der Kölner Laufladen	00:16:03
2 (1555)	2. M30	SCHOENBALL, Patrick	1989	Bunert - Der Kölner Laufladen	00:16:25
3 (1647)	1. MJ U20	SCHMIDT, Tom	2000		00:16:49
4 (1722)	1. M	BESSELL, Johannes	1990	Bunert - Der Kölner Laufladen	00:17:08
5 (1509)	2. M	MICHAELIS, Fabian	1994		00:17:27
6 (1634)	1. W	KÜMPERS, Julia	1992	Aachener TG	00:17:44
7 (1500)	1. MJ U18	LEMKEN, Christoph	2003	Neusser Schwimmverein 1900 Mod	00:18:12
8 (1174)	2. MJ U20	SCHULD, Oliver	2001	TV Hülsenbusch	00:18:17
9 (1633)	1. MJ U16	PATRI, Jonas	2005	Aachener TG	00:18:18
10 (1474)	2. W	JASCHKE, Lisa	1990	Bunert - Der Kölner Laufladen	00:18:23
11 (1665)	1. M45	CORAZZA, Germano	1972	TrexZoldo	00:18:27
12 (1670)	1. M40	REIß, Björn	1976	MACH3 Köln	00:18:39
13 (1700)	3. M	KÜPPER, Jonas	1996		00:18:50
14 (1513)	3. MJ U20	MÜNZER, Louis	2001	Spvg Flittard	00:18:57
15 (1067)	1. W30	MICHAELIS, Svenja	1989	TriCologne	00:19:15
16 (1266)	1. M35	ZOLL, Frieder	1982	LG Gummersbach	00:19:18
17 (1651)	2. M40	SCHMITZ, Christoph	1976	Aachener TG	00:19:20
18 (1689)	1. M50	TIMME, Volker	1969	LG Gummersbach	00:19:27
19 (1592)	1. M55	WOLFF, Udo	1962	LG Gummersbach	00:19:27
20 (1363)	2. M50	MÜNZER, Christof	1969	LT Dünwaldener TV	00:19:38
21 (1698)	1. MJ U14	BÖTTCHER, Marcel	2006		00:19:39
22 (964)	3. M40	HIMMEL, Marius	1978	TuS 06 Waldbröl	00:19:47
23 (1632)	1. W45	WIED, Ramona	1970	CVJM Siegen	00:19:56
24 (1502)	3. W	LÜCHTEFELD, Alice	1992	Bunert - Der Kölner Laufladen	00:20:09
25 (861)	3. M30	DEHNE, Cornelius	1987		00:20:10
26 (1688)	3. M50	STABEL, Bernd	1967	TV Konzen	00:20:22
27 (1684)	4. W	BAGINSKI, Leonie	1996	LG Gummersbach	00:20:28
28 (1408)	2. MJ U14	ADAM, Moritz	2007	Neusser Schwimmverein 1900 Mod	00:20:34
29 (1477)	1. M U23	JOHANNES, Niklas	1997		00:20:36
30 (1156)	2. M45	SCHMIDT, Rene	1970	LG Schnecke Düsseldorf	00:20:37
31 (1265)	1. W35	ZOLL, Daniela	1981	LG Gummersbach	00:20:43
32 (1659)	2. M55	HEISIG, Markus	1960	TV Refrath	00:20:43
33 (994)	4. M40	KAHNERT, Patrick	1979	Team RunVicht	00:20:45
34 (1069)	3. M55	MIESKES, Kurt	1961	K+K Bantenberg	00:20:47
35 (1374)	1. WJ U16	SCHNEIDER, Celine	2004	Rhein-Berg Runners	00:20:53
36 (1329)	4. M50	HAKE, Thomas	1969		00:21:12
37 (1341)	3. M45	JENER, Marius	1974	Red Power Fanatics Troisdorf	00:21:20
38 (1561)	2. M35	SCHULZE ROBERG, Michael	1982		00:21:31
39 (1680)	3. M35	KLINGENBERG, Florian	1983	LT Lindlar	00:21:39
40 (1683)	2. W35	BECKER, Kathrin	1982	#sports by Marcus Raatz	00:21:41
41 (1573)	5. M50	TORNOW, Tino	1966		00:21:44
42 (1339)	1. M60	JANS, Paul	1959	TLV Germania Überrauch	00:21:57
43 (1430)	1. WJ U18	BRAUCKMANN, Anna	2002	Neusser Schwimmverein 1900 Mod	00:22:06
44 (1704)	4. M55	JANASIK, Tadeusz	1961	Team Lohmann Witten	00:22:12
45 (1723)	4. M35	SCHRAMM, Christoph	1982		00:22:13



1. Lauf zur 35. Winterserie des LSV Porz

LAUF (5 KM) OVERALL-RANKING

RG (STNR)	RG AK	NAME, VORNAME	JG	VEREIN / (WOHNORT)	ZEIT
46 (940)	4. M45	HARNAU, Volker	1972	MudRunner	00:22:14
47 (1324)	5. M55	FINKEN, Ralph	1961	Team Erdinger Alkoholfrei	00:22:19
48 (1255)	2. MJ U18	ZAHNEN, Fabian	2003		00:22:25
49 (1692)	4. M	THAMM, Sebastian	1993		00:22:28
50 (1480)	1. MK U12	KAMP, Andre	2008	Neusser Schwimmverein 1900 Mod	00:22:31
51 (1440)	1. WK U12	DICKS, Hannah	2008	Neusser Schwimmverein 1900 Mod	00:22:31
52 (1092)	5. M45	OLLICK, Jörg	1973	DJ TamJam	00:22:37
53 (1393)	1. W40	VIZZARI, Susanne	1977	Yin Yang Dragons	00:22:41
54 (1642)	5. M40	BRAUSCH, Marco	1976	LLG Hunsrück	00:22:47
55 (1170)	6. M55	SCHÖNERT, Martin	1962	Crazy Sheep	00:22:47
56 (1648)	6. M50	SCHMIDT, Axel	1966	SF Ennepetal	00:22:49
57 (1472)	5. M35	JAKOBS, Benedikt	1980		00:23:00
58 (1151)	7. M55	SCHAFFARCZYK, Bernd	1960	1. FC Spich	00:23:09
59 (1675)	4. MJ U20	BISCHOF, Marc	2001	TV Refrath	00:23:13
60 (1246)	1. M65	WINKLER, Benno	1950	Alleinunterhalter	00:23:15
61 (1681)	8. M55	HOFMANN, Dieter	1964	Brühler TV 1879	00:23:17
62 (897)	4. M30	FRIEDRICH, Philipp	1987	Schmitz Fitness	00:23:18
63 (1685)	1. W U23	KÖSTER, Lisann	1998	LG Gummersbach	00:23:18
64 (1696)	2. M65	ORTH, Hermann Josef	1950	TV Hoffnungsthal	00:23:29
65 (1595)	6. M45	WROBEL, Ingo	1970		00:23:49
66 (1388)	6. M40	STRUBE, Thomas Alexander	1976	Justiz NRW	00:23:50
67 (1526)	1. WJ U14	PHILIPP, Annabelle	2007	Neusser Schwimmverein 1900 Mod	00:23:58
68 (905)	5. MJ U20	GERHARDT, Cedric	2001	Hamich Runners	00:24:05
69 (1412)	7. M40	ARMAN, Efdal	1978		00:24:15
70 (1005)	2. MK U12	KLEIN, Louis	2009		00:24:19
71 (1311)	8. M40	BURBACH, Patrick	1978	Schmitz Fitness	00:24:25
72 (1342)	2. WJ U16	JURISIC, Alexander	2004	Pulheimer SC	00:24:31
73 (1343)	3. WJ U16	JURISIC, Mia	2004	Pulheimer SC	00:24:32
74 (1654)	3. MJ U18	GUTHAUSEN, Justin	2002	Jugendzentrum Dransdorf	00:24:41
75 (1305)	3. W35	BEYER, Heike	1984	SSF Bonn Triathlon	00:24:48
76 (1243)	9. M40	WINKELMANN, Christian	1978	Föhr Marathon	00:24:53
77 (906)	4. WJ U16	GERHARDT, Enya	2004	Hamich Runners	00:25:08
78 (1678)	3. MK U12	KREDELBACH, Tobias	2008		00:25:10
79 (863)	2. W30	DEUTZMANN, Katharina	1989	Southern Oregon Runners	00:25:16
80 (1177)	7. M50	SCHULZ, Torsten	1968	1. FC Spich	00:25:18
81 (1171)	5. WJ U16	SCHORN, Nina Leonie	2004		00:25:20
82 (1674)	5. W	WIPPENFELD, Tatjana	1990	Team Erdinger Alkoholfrei	00:25:36
83 (1193)	3. M65	SPÖLGEN, Joachim	1954	Pulheimer SC	00:25:39
84 (1410)	2. W U23	ALLENSTEIN, Finja	1999		00:25:39
85 (966)	6. M35	HIRSCHFELD, Sascha	1980	LG Hirschfeld	00:25:47
86 (889)	4. M65	FEINDT, Reinhard	1950	TV Refrath	00:26:01
87 (818)	5. M65	BAUS, Reiner	1954	Cologne Running Crew	00:26:10
88 (1369)	2. W40	PELZ, Christiane	1978		00:26:14
89 (939)	2. MJ U16	HARNAU, Jonas	2004	MudRunner	00:26:21
90 (1073)	1. W55	MOTTER, Heidi	1961	LG Stolberg	00:26:27



1. Lauf zur 35. Winterserie des LSV Porz

LAUF (5 KM) OVERALL-RANKING

RG (STNR)	RG AK	NAME, VORNAME	JG	VEREIN / (WOHNORT)	ZEIT
91 (1706)	9. M55	HÄRTEL, Rüdiger	1963	BSG Rhein Energie	00:26:38
92 (973)	7. M45	HOLZ, Gerd	1971	werunthiscologne	00:26:39
93 (1519)	3. MJ U14	OHLMANN, Philipp	2007	Neusser Schwimmverein 1900 Mod	00:26:41
94 (1724)	10. M40	BÖLL, Boris	1978		00:26:42
95 (1646)	1. W80	BERRENRATH, Kirsten	1901		00:26:46
96 (1099)	8. M50	PAGERS, Sven	1966	ESV Gremberghoven	00:27:12
97 (1544)	2. W55	SCHLAAK, Jasmin	1963	PSV Bonn Triathlon	00:27:19
98 (1401)	11. M40	WINKLER, Christoph	1975	Sohn-Papa	00:27:19
99 (1629)	3. MJ U16	DONALDSON, Liam	2005		00:27:22
100 (1673)	3. W40	BECKMANN, Edith	1976	MACH3 Köln	00:27:26
101 (895)	4. MJ U18	FRANK, Manuel	2003	Jugendfeuerwehr Neuss	00:27:45
102 (1022)	6. W	KRALL, Jennifer	1991		00:27:45
103 (1471)	4. W40	ISHII, Rieko	1975		00:27:49
104 (874)	2. M60	DOMSCHKE, Lutz	1955	LC Euskirchen	00:27:51
105 (1406)	5. M	ZEHNPFENNIG, Damian	1996	TV Refrath	00:27:53
106 (1038)	4. W35	LEIDAG, Mirjam	1983	VfL Engelskirchen	00:27:53
107 (1686)	3. M60	KRAUSE, Jürgen	1957	Ernst Getränkesservice	00:27:54
108 (832)	8. M45	BÖFFGEN, Jörg	1970	TV Berlingen 88	00:27:55
109 (1048)	3. W30	LÖSCHE, Cornelia	1988		00:28:03
110 (1039)	6. MJ U20	LEIKERT, Jasper	2001		00:28:08
111 (1080)	4. MJ U14	NEKIPELOV, Patrick	2006	DJK Löwe Hambach	00:28:18
112 (1158)	1. W50	SCHMIDWENZL, Silvia	1966	Team Aachener Engel	00:28:21
113 (1263)	5. M30	ZIMNY, Gerrit	1986	Schmitz Fitness	00:28:26
114 (1351)	1. M75	KOGLIN, Bodo	1943	Quettingen	00:28:34
115 (1522)	10. M55	PAVLIK, Klaus	1962	Hamich Runners	00:28:39
116 (1456)	3. W55	GRÜNWALD, Adelheid	1960	Hamich Runners	00:28:39
117 (1434)	5. W35	BURBACH, Daniela	1982	Schmitz Fitness	00:28:40
118 (975)	5. MJ U14	HONECKER, Hagen	2007	TFG Nippes	00:28:42
119 (1334)	6. W35	HENK, Gabriele	1980	Fit&Fun	00:28:43
120 (1133)	2. W45	REHERMANN, Ulla	1970		00:28:44
121 (1244)	5. W40	WINKELMANN, Nina	1978	Föhr Marathon	00:28:45
122 (1129)	7. W35	RASCH, Steffi	1981	#IAMSPORT by Marcus Raatz	00:28:54
123 (1655)	2. WJ U18	NDASHI, Mine Elena Jonela	2003	Jugendzentrum Dransdorf	00:28:54
124 (1006)	6. W40	KLEIN, Louisa	1978		00:29:17
125 (1081)	8. W35	NEUMANN, Jessica	1981		00:29:26
126 (1328)	2. W50	HAKE, Gisela	1969		00:29:50
127 (1711)	4. W30	STETT, Susanna	1988		00:29:57
128 (1710)	6. M	REISTEL, Michel	1990		00:29:58
129 (1399)	6. WJ U16	WINKELMANN, Leona	2004	Pulheimer SC	00:30:05
130 (1565)	2. WJ U14	STEINBERG, Laura	2006		00:30:11
131 (1400)	3. WJ U14	WINKELMANN, Lia	2006	Pulheimer SC	00:30:12
132 (1470)	7. WJ U16	ISHII, Karin	2005		00:30:14
133 (1649)	12. M40	PEPPEL, Marco	1976	Schmitz Fitness	00:30:26
134 (1566)	7. W40	STEINBERG, Rosanna	1978		00:30:29
135 (1677)	3. W50	KREDELBACH, Anke	1969		00:30:33



1. Lauf zur 35. Winterserie des LSV Porz

LAUF (5 KM) OVERALL-RANKING

RG (STNR)	RG AK	NAME, VORNAME	JG	VEREIN / (WOHNORT)	ZEIT
136 (1699)	6. MJ U14	HIRSCH, Jacob	2006		00:30:40
137 (1739)	9. M45	LAUTNER, Lrs	1974		00:30:49
138 (1707)	9. M50	STVELMANNNS, Martin	1968		00:30:52
139 (1106)	8. W40	PELS, Susanne	1977		00:31:09
140 (855)	9. W40	CASSENS, Sandra	1979	Ausdauerblog.de	00:31:10
141 (1594)	9. W35	WROBEL, Ena	1980		00:31:11
142 (955)	10. W35	HERZOG, Bettina	1983	Team Erdinger Alkoholfrei	00:31:12
143 (1708)	13. M40	BORN, Sascha	1975		00:31:57
144 (1376)	7. W	SCHNEIDER, Leonie	1995		00:32:04
145 (1107)	4. W55	PELTZER, Birgit	1960	Pecbi.de Team	00:32:04
146 (1570)	4. WJ U14	TANIUE, Momoka	2006		00:32:06
147 (1304)	10. W40	BECKER, Cornell	1979		00:32:12
148 (1703)	1. W60	ALFLEN, Monika	1958	LT Saaler Mühle	00:32:13
149 (873)	1. W65	DOMSCHKE, Karin	1954	LC Euskirchen	00:32:17
150 (954)	11. W35	HERWIG-CARL, Martina	1981		00:32:18
151 (1697)	10. M50	WÜSEN, Rolf	1965		00:32:32
152 (1068)	5. W55	MIESKES, Katharina	1964	K+K Bantenberg	00:32:40
153 (1624)	4. M60	HEßE, Axel	1958		00:32:43
154 (1575)	5. WJ U14	TSUKAMOTO, Mizuki	2006		00:32:44
155 (1596)	2. WK U12	WROBEL, Mona	2009		00:32:52
156 (1743)	12. W35	MAJEK, Gesa	1982		00:32:53
157 (1571)	10. M45	TANIUE, Yusho	1971		00:33:02
158 (1622)	6. W55	KRAMS, Sabine	1964		00:33:06
159 (1621)	11. M50	HOFFMANN, Michael	1966		00:33:06
160 (1461)	13. W35	HARBECKE, Kathrin	1980		00:33:11
161 (1709)	12. M50	GUZZO-FOLIARO, Franco	1967		00:33:11
162 (812)	11. W40	BAKIC, Silvia	1978		00:33:31
163 (1249)	4. W50	WIRTZ, Irmgard	1966		00:33:32
164 (1208)	12. W40	TOELLNER, Stefanie	1978		00:33:33
165 (1425)	5. W30	BODEN, Brigitte	1985		00:33:36
166 (819)	6. M30	BAYER, Fabian	1988	Steffi + Fabi	00:33:39
167 (1687)	5. W50	UTE, Wehres	1968	A-Team Aachen	00:34:01
168 (965)	11. M45	HIRSCH, Manfred	1971	Hängebauchhirsche	00:34:38
169 (1013)	8. W	KOMLIJENOVIC, Viktoria	1990		00:34:40
170 (1679)	5. M60	PERSÉ, Jürgen	1956	RTCFrechen 80	00:34:46
171 (1074)	6. M65	MOTTER, Willi	1953	LG Stolberg	00:34:51
172 (1617)	14. M40	KÖNIGS, Thomas	1975	ASG Elsdorf	00:35:11
173 (820)	6. W30	BAYER, Steffi	1988	Steffi + Fabi	00:35:18
174 (1662)	7. M65	KRUG, Wilfried	1950		00:35:22
175 (1036)	11. M55	LEEFERS, Helge	1963	Feuerwehr Langenfeld	00:35:24
176 (1619)	1. M80	BRUNNER, Ulrich	1937		00:35:28
177 (1656)	7. MJ U14	NAIT, Tauk	2006	Jugendzentrum Dronsdorf	00:35:39
178 (1576)	3. W45	TSUKAMOTO, Yoko	1974		00:35:44
179 (1641)	6. M60	HÖSCHLER, Peter	1959	Haus des Waldes	00:35:46
180 (1229)	9. W	WALDOFF, Melanie	1991		00:35:51



1. Lauf zur 35. Winterserie des LSV Porz

LAUF (5 KM) OVERALL-RANKING

RG (STNR)	RG AK	NAME, VORNAME	JG	VEREIN / (WOHNORT)	ZEIT
181 (1658)	4. MK U12	GÖDDERZ, Martin	2009	Jugendzentrum Dronsdorf	00:35:53
182 (1593)	6. WJ U14	WROBEL, Anouk	2007		00:36:03
183 (1653)	4. MJ U16	PAUL, Steven	2005	Jugendzentrum Dronsdorf	00:36:11
184 (1657)	8. MJ U14	CELINA, Greis	2006	Jugendzentrum Dronsdorf	00:36:16
185 (1587)	10. W	WAHL, Celine	1992		00:36:39
186 (907)	13. M50	GERHARDT, Uwe	1965	Hamich Runners	00:36:42
187 (1640)	12. M55	HÖSCHLER, Ingeborg	1962	Haus des Waldes	00:36:56
188 (1486)	7. W30	KLOSTER, Liesa Marie	1989		00:37:12
189 (1382)	14. W35	SMOLAREK, Svenja	1981		00:37:13
190 (1256)	2. W60	ZAK, Danuta	1957		00:37:14
191 (1415)	2. W65	AYCHE, Karin	1954	Laufmariechen Köln	00:37:26
192 (1235)	3. WJ U18	WÄTZOLD, Hannah	2003		00:37:38
193 (828)	14. M50	BLASS, Frank	1967		00:37:43
194 (1355)	8. W30	KRUMBACH, Carina	1987		00:38:04
195 (1319)	15. W35	ELKE, Kathrin	1982		00:38:06
196 (1250)	8. M65	WISCHNEWSKI, Jürgen	1953	Baumberger TSC	00:38:08
197 (1631)	13. W40	DONALDSON, Birgit	1975		00:38:43
198 (1211)	3. WK U12	TRAMONTIN, Victoria	2009		00:38:44
199 (1322)	1. M70	FEIGE, Manfred	1947	Cologne Allblacks	00:38:48
200 (911)	9. M65	GIESEN, Peter	1952	ERGO sports Köln	00:39:23
201 (1371)	3. W U23	REDLING, Jana	1997		00:39:48
202 (952)	7. M35	HERMESDORF, Markus	1984	LSV Porz / Köln	00:39:48
203 (1018)	7. M30	KORDEUTER, Sven	1986		00:40:29
204 (1051)	9. W30	LUTTER, Sarah	1985		00:40:35
205 (1320)	4. W45	ENGELN, Anja	1972	1. FC Spich	00:40:39
206 (1330)	5. W45	HAMANN, Heike	1971	1. FC Spich	00:40:46
207 (1332)	6. W45	HARNAU, Verena	1973	MudRunner	00:47:10
208 (1169)	9. MJ U14	SCHÖNERT, Jonathan	2006	Crazy Sheep	00:47:36
209 (1017)	3. W65	KORDEUTER, Jutta	1954	Revital Center	00:48:32
210 (1567)	16. W35	STEINBERG, Steffi	1981	Team Steinberg Coaching	02:11:38